

# SUDDEN SIGNS OF STROKE

## 6,000

New Yorkers die every year from stroke.

## only 1/3

of New York adults can correctly identify all the signs of a stroke.



A stroke happens when the blood supply to the brain stops or when a blood vessel bursts. Without the oxygen that blood provides, brain cells quickly die, resulting in disability or death.

Timely treatment can lower the risk of disability or death from a stroke. If you think someone may be having a stroke, act

## F.A.S.T.:



**F = Face.**

Ask the person to smile. Does one side of the face droop?



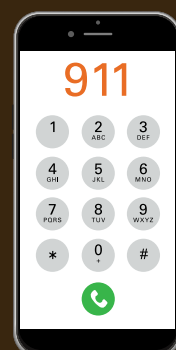
**A = Arm.**

Ask the person to raise both arms. Is one arm drifting down or appearing weak?



**S = Speech.**

Ask the person to repeat a simple phrase. Is speech slurred or confused?



**T = Time.**

Call 9-1-1 right away if you detect any sudden signs of stroke.

Learn more at [Stroke.org](https://www.stroke.org) or [CDC.gov/Stroke](https://www.cdc.gov/Stroke)

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